

2025 Respecting Choices[®] Advanced Steps[®] POLST Facilitator Training

All class are <u>virtual</u>: 8:00 a.m.* to 4:00 p.m.
*Please log-in to test your connection and equipment at 7:30am

Advanced Steps POLST*

*Workday Code: POLST12032025 (for Sentara Employees)

October 23rd, 2025

Purpose

Respecting Choices® Facilitator Certification is designed for professionals involved in facilitating conversations with individuals making end-of-life treatment decisions.

• Advanced Steps POLST: To improve the effectiveness of the POLST paradigm program through facilitation skills training and POST/POLST Certification.

Prerequisites

- Complete the Respecting Choices® Facilitator Online Core Curriculum
- Review POST/POLST forms and www.polst.org

*Completion of both the online core curriculum and full participation in the training are required forfacilitator certification.

Sentara Employees:

Manager approval required Register through Workday*

Note: Online course cost is non-refundable. Fee will be charged to department cost center if participant does not complete any portion of the course.

Non-Sentara Employees:

To register email sentaraethics@sentara.com or call 757-252-9550

Note: Fee (\$115) and registration are due 7 business days before class.

*If you require communication accommodation or have additional questions,

Please contact Sentara Center for Healthcare Ethics at

sentaraethics@sentara.com or call 757-252-9550